

## **Ms. Poonam Vaswani**

*Senior Onco-Nutritionist*

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- ✦ Ms. Poonam Vaswani who is a Dietitian and a Nutritionist, has a Master's degree in Food and Nutrition and a PG Diploma in Dietetics and Applied Nutrition from Bombay University.
- ✦ She has over 23 years of experience in the field of Nutrition counselling, awareness and Education.
- ✦ She has worked closely as a Senior Food Research Scientist with various National and International Agencies in disseminating food and nutrition information.
- ✦ Currently, she counsels clients and patients on diet and lifestyle and is also a Visiting Nutrition Faculty for an International school.
- ✦ She has conducted several corporates and school workshops and has written over 30 articles.
- ✦ She is also an active Indian Dietetic Association life member.
- ✦ Since the last few years, she has been specializing in diet and nutrition focusing fully on cancer patients.